

# CHEF ACADEMY

London

**Intensive Professional & Pastry Programme** 

80 hours

### Module 1: Basic Mise en Place

- Cremes.
  - Creme Patisserie (Custard)
  - Chantilly Cream
  - Whipped Ganaches
- Curds in a variety of flavours
- Mousseline Cream
- Almond Cream
- Chiboust Cream
- Butter Cream

### **Module 2: Doughs and Breakfast Pastries**

- Types of Pastry
- Croissant Doughs
- Making and Shaping Viennoiserie (Breakfast Pastries)
- Sweet Pastry Doughs
- Yeast Doughs (Brioche)
- Sponges
- Choux Pastry

### **Module 3: Tarts and Petites Gateaux**

- Petit Fours
  - Macaroons
  - Madeleines
  - Mini Eclairs
  - Mini Tartlets
- Fruit and Lemon Tartlets
- Presentation of your macaroons, tarts and petit gateaux

## Module 4: Cakes, Mousses and Bavarois

- French Cakes
- Mousse
- Cakes
- Bavarois
- Assembling Techniques
- Cost Control
- Sponge Cakes and Fillings
- Cake Decoration

# Module 5: Chocolate, Sugar, Decoration

- Chocolate Bon Bons
- Truffels
- Sugar ConfectioneryPate de Fruit
- Marshmallows
- Praline

- Caramels
  Nougat
  Chocolate and Sugar Decoration
  Croque en Bouche